

# Problems with Agnya

There are only 2 problems: Left and Right. If it is a right side problem, just beat with shoes. If it is a left side problem, give bandhan, or burn name etc., but do not try to help a person directly - if you face a person and say 'I'm trying to help you', this is wrong, is ignorance. If you try to sympathise, then you are in trouble. Concern is the point - your attention is active, and acts - with no involvement... that is compassion. You have to cleanse your attention for that... have attention that is silent, witnessing, not involved, but is dynamic - it works.

The ego is responsible for our funny behaviour towards others. The problem with ego is that people do not find it out til they really suffer badly, because the ego is something that doesn't give trouble to the individual, so much as it does to the society.

Ego can result from many useless things, including money, intelligence, etc., and has absolutely wrong ideas about one's value. Ego people try to do everything through intelligence... are such a drag, and boring, and is very prevalent in the West. With ego, see what makes you happy, see what you plan about life; Ego lets us think that 'we' can do this or that... which lets us say cutting and hurtful things, without regard for others. Ego ends in stupidity, and foolishness, because we forget about God, and also about our relationship with the whole; It is complete ignorance about yourself that gives you this ego; In simple words, this ego is nothing but absolutely wrong ideas about one's own value, by which you think that 'I am everything' - what are we... we cannot even sprout a seed.

In India, nobody thinks 'I am right' - nobody thinks like that. Once you start thinking 'I am right, and that person is wrong, I am doing alright, he's wrong'... finished. The worst thing that can happen to human beings is ego... the worst thing. Possession is better... at least you feel the pinch of it... but ego you never feel the pinch... you never feel there is ego in you... and you feel you are the most correct person.

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If you try to overpower matter, getting overactive with matter, making everything properly, over efficient with the matter, then your ego develops, and when your ego develops, you go into violence - because if you produce more, you have to be violent about it... otherwise you do not know how to sell it. You become a sort of an aggressive businessman, or country, which tries to overpower other nations with their material advancement... you become materialistic and such people have no heart... they are just dried up... the only thing they understand is money, money, money.

Then the right side is the Collective Supraconscious... is the future... where we indulge too much into the future and plan too much, and we are aggressive about it... then... all the ambitious people, who 'lived in the future' are there. Hitler used this power to entice people... to influence the people... and he used those who are dead on the right hand side... means the Supraconscious people... and when these Supraconscious people jumped onto them, they also started to become ambitious... and absolutely heartless people... they were so heartless you can't imagine. If you read the lives of some of these people, they were not so heartless to begin with, they were not... they were good, free, affectionate people. So suddenly, how did they become so devilish, and so destructive... the thing is, they are no more there... there is something else acting... such people can become dynamic for the time being... may look dynamic... but afterwards, it is too much a load to carry... and they become like cabbages like the other side people.

When the Supraconscious spirits come in... you become over ambitious... you start getting ideas... how to organise... how to do this... how to - there are some scientists who have died... and who never were satisfied with the progress that they made... so they come and give you ideas... it's all Supraconscious.

Now how to overcome higher attachments... which is also... in a very subtle way... is ego... like there are attachments that I should write a book on Sahaja Yoga... or I should paint something for Sahaja Yoga... or I must earn for Sahaja Yoga... I must do this for Sahaja Yoga... so

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this is also... is ego... that I should be the leader of Sahaja Yoga. Then there are jealousies... if Mother says this is not good you feel hurt... if Mother says this is good you feel happy... that means you are still at a very subtler state of ego, where you think that whatever you say should be approved by me. That is something is very subtle we do not understand, that if Mother is not approving of it, there must be basic Divine reason... otherwise why should I not approve of it. We must know that it's all the work of God, and we are just channels in the hands of God.

Then is... the Superego... which stores our conditionings, our fears, dangers, worries, and which may result from what we have read or experienced; Through which we run away, we avoid, we are frightened; That may result from things that we have accepted without finding out the truth about them, from wrong Gurus, from conditionings, from childhood, and from religions etc. To see your superego, see what affects you very much, what makes you unhappy.

Now supposing you are too much trying... 'oh God... help me... do this'... then you can get possessed, because you are not yet connected with God... and once you get possessed... that means that some other spirit can come in... and such a spirit, when it comes into you, it can really make you mad. This kind of thing happens to people who go on the left hand side'. When you enter into the Collective Subconscious... any one of these spirits can catch hold of you... and once they catch hold of you, you are liable for any of these diseases. Especially, I have seen... if there's a possessed person of course... they become mad... they get epilepsy... all these are possessed people. Epilepsy can be cured... all such mental problems, depression... can be cured... it's not difficult at all... but one must know that if you are possessed, you must really work it out... and see to it that it goes away from you... and you become your 'Self'.

Left side people... might have some sort of a baddha in them, in the sense that they are possessed by someone. Of course some are possessed by right side also... not that only the left side is possessed... but from the right side also they are possessed. Left side possessions are of a peculiar type, because they give you pains in

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the body. The right sided person doesn't get pains himself, he gives pains to others. Possession... which comes from following wrong gurus... dead spirits existing within a person, such as a dead male spirit existing within a girl who all the time wants to dress as a man, or a big drunkard spirit in a young person who wants all the time to drink whisky neat. These types come from the Subconscious areas. Then from the Supraconscious areas come the Hitler types, the despots; When I tell to some people, they'll say 'I know Mother... I know I do that'. Then why do you do it... that means you are possessed... you are a possessed person. That you know this is wrong... still you are doing it... then you are a possessed person. Then it's better you beat yourself with shoes.

Multiple Sclerosis...a disease of the left side... so far I have seen three cases in England, which have been cured by Sahaja Yoga... and all of them had either the wife or husband possessed; When the left Nabhi combines with either the left Agnya or the left Swadisthan, then you can become vulnerable to blood cancer.

The proteins 58 and 52... which come from this 'unknown area within us'... the Collective Subconscious... they enter into us... and trigger cancer. Now whatever is dead, is on the left hand side... so what they are actually talking about... is possession... that such a thing enters our being and then triggers cancer.

- Jai Shri Mataji -