

Badge

Something with my photo... a badge... if you can wear it... and people ask you... 'who is this person'... you can start talking - you have to talk... that is the only way we can spread Sahaja Yoga. Of course you can have your programs... you can get people... you can give them Realisation, this that... but to talk about it is important... so the atmosphere is created... in the atmosphere it will be... and this is going to help us a lot... if it is in the atmosphere, people will know that there is something like this coming up (880921)

What I have seen... that we are very shy... shy about Sahaja Yoga... we are little shy to talk about Sahaja Yoga - you have to do it... you should start talking openly about it... if I was shy like you, Sahaja Yoga would not have spread. One should not feel shy about Sahaja Yoga... otherwise what happens... that it just melts away with you... don't feel shy... you should talk about it... wear the badge... with the badge people will ask you questions... 'who is this one'... then you talk to them... any way you like, you should expose yourself... and that will work out better (000507)

- Jai Shri Mataji -

Tape References:

Date/Ref - Title - Qual - mins

880921 Speech at Ammonk Ashram, New York good 35

000507 30 years of Sahaja Yoga, Sahastrara Puja, Cabella Good