

Body

The showing off of the body is a subtle type of prostitution (790422); This body is the temple... you should look after this body (980705)

The body of a human being is a temple of God... but this temple has to be enlightened, and has to be auspicious - you have to clear and clean your being completely, so it is a beautiful temple for God to reside in (800927); You must respect your body... if God has to enter into your being... your temple has to be corrected... you must respect your body. Then also, your mental being is going to be corrected... if you have any mental problems, any psychosomatic problems, they will be corrected... naturally, because the mind that is going to receive the knowledge of God has to be alright. And you are going to be emotionally absolutely stabilised, cooled down... in pure love (790200.1)

You have to train your body... supposing your body cannot sleep on the ground... make your body sleep... lets see what happens... this is the tapasya... this is the penance... through which the Sahaja Yogis have to go, that they make their body their slave... if your body tries to be funny... better tell the body 'you behave yourself... what do you mean... why can't you do this' (850310)

- Jai Shri Mataji -

Tape References:

Date/Ref - Title - Qual - mins

- 850310 Public programme, Masonic Hall, Sydney - see 850310.1 good 25
- 790200.1 Talk to westerners & about negativity - see 790200 poor 65
- 800927 Lethargy, Chelsham Road good 75
- 850310.1 2 Public programmes, Sydney
- 850310.2 Shri Devi Puja, Sydney good 40
- 980705 Royal Albert Hall 1998 good 50