

Bowing

[After the 108 Names had been said by Sahaja Yogis]... 'All of you bend down... let me see everybody's Kundalini... put your hands little away from each other... bend fully... put your head down... on the knees... move your knees downward... backwards a little... yes that's a better idea.. to raise your back' (800518)

Seen in a dream as yourself bowing to your son, for example, symbolically means that you should respect your son who is a great soul (811004)

- Jai Shri Mataji -

Tape References

Date/Ref - Title - Qual - mins

800518 Old Arlesford, Winchester - part 3 (The Real Becoming) good 30

811004 Becoming the Truth - Houston [+PP video set 5/3] good 30