

Central Path

The central path of our ascent... along which the Kundalini ascends (840622); Our Kundalini has risen without effort, and without thinking, and has changed us so much - try to support her and keep the central path clean (871016)

The central path... the evolutionary path of our ascent, of our evolution, in which there are... the seekers, those who were searching, under the guidance of some Gurus who were Realised Souls of a very high level... and also... the Incarnations, the aspects of God that descended on this Earth to protect, to save the devotees of God. This movement was kept at first extremely secretive, so that the negative forces would not be able to organise their attacks, but much later, after Shri Krishna, and even after Christ, it came into the light. Before that, the knowledge of 'the Incarnations that were to come' was kept a closely guarded secret - until the coming of Christ, which was in fact declared by the prophets, long before his advent (790530)

All over the world, the three types of movement were going on... the right side movement that led to the discoveries of the scientists... the left side movement of the devotees... and the central movement with the people like Moses and Abraham. This middle movement of evolution today has reached it's peak, because all the Incarnations have arrived now, and have done their job within you, and have occupied their position within you in your awareness, on the different centres. Now the blossom time has come, where evolution has to be en-masse - you are to be born again - 'I am talking of Eternal Life' (790530)

The central path of Sushumna, is for people who are in the 'centre'... who have their proper understanding... and have got their wisdom. These people are extremely generous... generosity is the only way you can express your love for others... all your material wealth has no meaning, unless and until you show generosity for the people... but it should be quiet and silent (830209); These people cannot retain their food... if they eat at a place where the food is not good, or properly vibrated... either they'll vomit or they'll have

Sahajvidya - Central Path

diarrhoea. They are extremely wise and tactful... they know how to deal with people... are extremely diplomatic. Their whole attitude is to clean themselves... to keep clean... to keep alright... to get more and more people to this great work of Realisation. They never show off... they are not in front... they don't want to show their face... they are quiet... I know who they are... but they are dynamic... they work it out... only when they have to construct something important, they'll come and see me. I know the way they work it out... extremely silent, and beautiful gracious people they are (830209)

They can sometimes get into temper, which is necessary, if they are to protect the protocol of their Mother, or could be of Sahaja Yoga, or of God. Normally they are very quiet and silent people... their presence is blissful... they are auspicious. They never think of making money out of God... never... they are so truthful. They are more on the fatter side... because they have gas in their body... lots of gas... the Prana Shakti enters the Sushumna, and creates the gaseous body. The gaseous body is not heavy... it's very light... they walk fast... they are active... but to look at they look plump (830209)

The Kundalini itself rises through the Sushumna Nadi... she is the Principle, she is the Tattwa of Shiva... and she rises through the channel that is made by Vishnu, out of the evolutionary process. So how can you do away with one of them... one is the road... another is the destination. So I hope you understand how important it is that your centres should be corrected... your road should be alright... that your Sushumna should be cleared... because we are Madyamargis... we have to go by the centre... by the central path... til you reach your Talubhag... where sits Sadashiva. So keep your road, the Madyamarga clean... and let the Kundalini pass through it. When the Kundalini will pass through it... you will be amazed that... the same Kundalini is going through the Vishnu path and reaching at the Lotus Feet... of Shiva (000206)

- Jai Shri Mataji -

Sahajvidya - Central Path

Tape References

Date/Ref - Title - Qual - mins

- 871016 Mahakali Puja, Germany - see 871016 good 25
- 790530 A Higher Life - A World of Bliss and Joy - Caxton Hall good 55
- 830209 Problems of Left, Right and Centre, Bombay good 65
- 840622 South Bank Polytechnic, London good 40
- 871016 Mahakali/Mahalakshmi Pujas- Germany/Belgium
- 000206 Shri Shivaratri Puja, Pune, India good 15