

Comfort

Comfort enslaves (830131); Comfort has ruined you... you must understand - these are terrible conditionings. You must try to be a little uncomfortable. This conditioning has to be reduced as much as possible (821231); With right sided people, the brain is so wobbly... that you just can't bear any discomfort... a slight discomfort in the body makes you very very upset (0.0011); We don't worry about physical comforts, but about Spiritual comforts (960505); The so-called comforts are nothing but the enslavement of your Spirit... get out of it... it's a nonsense (830104)

When your attention is on the Spirit, then you don't feel the discomfort of nature, or of worldly things; That is the first sign... when a Sahaja Yogi starts complaining about comforts, that is the first sign that he is not a Sahaja Yogi as yet (861225)

- Jai Shri Mataji -

Tape References

Date/Ref - Title - Qual - mins

-861225 Pawana Dam - see 861221 good 10

-830104 Stop Complaining - see 830104.1 good 35

-821231 Ganesha Puja - Kolapur - see 830113.1 - (5 Pujas in India) good 10

0.0011 Weekend seminar in Pune, Tape 1 good 180

830104.1 Stop Complaining/How to Proceed - Sholapur/Vaitarna - xxx

830104.2 Address to the Sholapur IMA - Sholapur good 35

830131 Nabhi Chakra, Delhi good 80

960505 We must feel responsible, Sahastrara, Cabella good 55

- end -

17 Jun 2003