

Digestion

The Nabhi looks after our digestion on the physical level... it also looks after our balance, our ten commandments, which are given to us by the Primordial Masters... and through this centre we evolve (790722); At the level of right Nabhi, right sided people may have problems of digestion (830209)

- Jai Shri Mataji -

Tape References:

Date/Ref - Title - Qual - mins

790722 Leeds at Jim's House poor 45

830209 Problems of Left, Right and Centre - Bombay good 65

Chakras affected: Right Side; Nabhi