

Effort

You cannot put in any effort to achieve a living thing like Self Realisation, which is spontaneous (811005), but effort is needed later on to maintain it (840702); It is necessary to put in an effort after Realisation, not before. Before, you cannot do it... but after Realisation you have to look after yourself... to look after your being (800809)

People who are mediocre think that gradually they will be alright, and that they'll come up... but I would suggest that you should make all out effort... to become strong Sahaja Yogis (871219)

- Jai Shri Mataji -

Tape References

Date/Ref - Title - Qual - mins

- 871219 Complete your Realisation, Aurangabad - see 871219 Good 25
- 800809 What are we inside - B'ham good 30
- 811005 Beauty that you are - Houston good 70
- 840702 Hampstead Public Programme [sound quality very poor] poor 40
- 871219 Complete your Realisation - India

- end -

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