

Kundalini Ascent

Keep the L hand all the time on your lap... because the desire is constant... and then we will be going from one centre to another with the R hand on the left hand side only... to all the centres we'll be tackling... just to help the ascent of the Kundalini... to flow slowly in the central path of our ascent (840622; 821008; 821007)... and now close the eyes, because the attention will be attracted inside - if you keep your eyes open the Kundalini won't rise above this centre (Agnya - Ed) (821008; 821007)

The Kundalini itself rises through the Sushumna Nadi... she is the Principle, she is the Tattwa of Shiva... and she rises through the channel that is made by Vishnu, out of the evolutionary process. So how can you do away with one of them... one is the road... another is the destination. So I hope you understand how important it is that your centres should be corrected... your road should be alright... that your Sushumna should be cleared... because we are Madyamargis... we have to go by the centre... by the central path... til you reach your Talubhag... where sits Sadashiva. So keep your road, the Madyamarga clean... and let the Kundalini pass through it. When the Kundalini will pass through it... you will be amazed that... the same Kundalini is going through the Vishnu path and reaching at the Lotus Feet... of Shiva (000206)

Our Kundalini has risen without effort, and without thinking, and has changed us so much - try to support her and keep the central path clean (871016); The central path of our ascent... along which the Kundalini ascends (840622); The Kundalini sometimes dances (900105); May be nourished with pure Love and Compassion, and avoiding involvement into any relationships (920621); When all external desires dim out, and the real desire to be one with the Almighty remains, then the Kundalini can rise spontaneously. It has happened to very few people - Buddha and Mahavira were human beings, but who achieved Godliness (800609)

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Without desire this Universe would not have been created; The desire of God is the one that is the Holy Ghost, the All Pervading Power, the Kundalini within you. The Kundalini has only one desire... is to be the Spirit, and anything else if you desire, the Kundalini doesn't rise (821219); The desire to 'rise higher' creates the bridge of Sushumna across the void, within us, and so allows the Kundalini to pass (860921.1)

This Kundalini exists... and there are 7 centres within us which manifest outside, in the gross, all the plexuses that the doctors know of. When you get your Realisation... the Kundalini rises, and passes through the Brahma Nadi... and pierces the Fontanelle Bone Area, which is called as Brahmarandra... and you become one, with the All Pervading Power. And what is the sign... is Saleelum Saleelum... the Cool Breeze which starts flowing... the Vibrations start flowing. When they are emitted, these 5 fingers, 1, 2, 3, 4, 5... 6 and 7... these are the 7 centres in the hands, on the sympathetic nervous system... they get enlightened... and you start feeling in others and in yourself... your inner being... you start feeling what is the matter with another person's chakras and centres... which are the undercurrent of all the problems... physical, mental, emotional, financial, economic, political... every problem. These are the undercurrents which you start feeling... within yourself, because it's Self Realisation... and in another person also because your Collective Consciousness is being awakened. You become 'Collectively Conscious' is the point I am trying to make... it's not lecturing... it's no brain wash... you become. Now you must settle down with it... but it requires a calibre (800102)

In a Mahalakshmi Temple in Kolapur, there is sung a song with the words, requesting the Kundalini, Amba, to rise. Surprisingly it is in the Sushumna Nadi, the channel of Mahalakshmi, that the Kundalini actually rises (871024)

- Jai Shri Mataji -

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Tape References

Date/Ref - Title - Qual - mins

- 871024 Light of Love, Diwali - see 871024 good 25
- 871016 Mahakali Puja, Germany - see 871016 good 25
- 821219 Mahakali Puja, Lonavala - see 821219 good 35
- 821008 We don't have to suffer, Bedford - see 821007(Video) Good
- 821007 Truth is to be achieved, Bedford - see 821007(Video) Good
- 800102 God's Love, Patkar Hall - see 800102 Poor 50
- 800102 God's Love, Patkar Hall/Deities on various Chakras, Delhi
- 800609 Subtlety Within - Caxton Hall good 50
- 821219 Mahakali Puja & Mahalakshmi Puja, Lonavala/Kolapur
- 840622 South Bank Polytechnic, London good 40
- 860921.1 Mahalakshmi/Jaladevata, Mechelen, Belgium not good 45
- 871016 Mahakali/Mahalakshmi Pujas- Germany/Belgium
- 871024 Light of love, Diwali/Press Interview, Milan
- 920621 Kundalini Puja, Cabella good 55