

Mooladhara - Summary

<u>Chakra:</u>	Mooladhara
<u>Deity:</u>	Shri Ganesha
<u>Physical Level:</u>	Pelvic Plexus, Prostate Gland
<u>Functions:</u>	Excretion, Sex, Reproduction, & Kundalini ascent
<u>Qualities:</u>	Innocence, Purity, Wisdom, Magnetism, Auspiciousness, Sense of Holiness, Humility, Eternal childhood, Playfulness, Spontaneity, Sahaj, Dedication to Mother.
<u>Cause/Catch:</u>	Misuse of sex
<u>Diseases:</u>	All incurable disease e.g. myelitis, cancers, multiple sclerosis, muscular dystrophy, some cancers, some schizophrenias, aids and some stupidity. Also too much catching from negativity.
<u>Treatments:</u>	Sit on ground. Put Left hand towards Sun or Photo and Right hand on Mother Earth & say Shri Ganesha mantra or Atharvasheersha. Give fragrant flowers to the Mother. Footsoaking. Establish purity of relationships. Respect others. Try to be decent & decorous in your lifestyle, and dress in a decent and dignified way. Look after your morality & chastity... for men and for women. Refrain from gossip. Watch Shri Mataji without blinking.
<u>Mantras:</u>	Deity name
<u>Petals:</u>	Four
<u>Colour:</u>	Red
<u>Element:</u>	Earth, Carbon
<u>Symbol:</u>	Clockwise Swastika
<u>Position:</u>	At back of head in the centre point
<u>Country:</u>	Australia