

Nabhi Left

The centre of our Mastery (890801), and reflects our relationship with our wife (850806), the qualities of family, and of the household; The centre of the Gruhalakshmi, the Goddess of the household. If the woman starts trying to compete with the man, then the family and children start to suffer. Men and women are equal, but not similar, both being important for a balanced family life. The wife is the shakti, the strongest point of the family and has to bear the angularities of the husband (810328); The sense of justice comes from a special quality of left Nabhi. Justice is that you do not harm the innocent... this is the basic point, the basis of law - law is for the protection of the innocence (860921.2)

If you excite the right side Swadisthan... your left Nabhi catches. Say if you are a big thinker, a big planner... then what happens, you get diabetes... because you are using your right side Swadisthan too much... and because of that there is an effect on the left hand side Nabhi... you neglect your wife... you become harsh to her... are unkind to her... your left side starts becoming weak... and makes your spleen and pancreas very weak... and that's why you get diabetes; It is very important for men that their left Nabhi should be alright... because they'll get diabetes... kidney troubles... become harsh husbands... very dry people... and they won't be able to have sex life (790609.3)

Problems with left Nabhi include materialism (830107); Left Nabhi controls the 2 important organs of Spleen and Pancreas; When the left Nabhi combines with either left Agnya or left Swadisthan, then you can become vulnerable to blood cancer (860921.2); Salt is helpful in correcting the left side problems (830121)

- Jai Shri Mataji -

Tape References

Date/Ref - Title - Qual - mins

- 830121 How to proceed - Vaitarna - see 830104.1 - side B good 35
- 830107 Ganesha Puja - Rahuri - see 830113.1 - (5 Pujas in India) good 20
- 790609.3 Maria's House Tape 3 poor
- 810328 Nabhi talk, Australia [some noises + 15 mins Q&A] good 55
- 850806.1 Lambeth Ashram Talk/part 1 - Chelsham Road not good 90
- 850806.2 Lambeth Ashram Talk/part 2 - Chelsham Road not good 45
- 860921.2 Role of Belgium and Holland, Mechelen good 65
- 890801 First Know Thy "Self", Porchester Hall [+25 min Q&A] Good 50