

# Pingala Nadi

The right side channel, in our subtle system (831001); Right side sympathetic nervous system; The power of action, that acts through the 5 elements (810928); The Sun channel, which works for our physical and intellectual activities (MME); In Indian tradition, is the Rajoguna. The side of our mental and physical activity, the future, our planning, the ego (840313), and of our creative being (790200.1); The side on which is found Shri Hanumana (890423)

- Jai Shri Mataji -

## Tape References

### Date/Ref - Title - Qual - mins

-840313 Intro talk - 3 channels, Delhi - see 840313 good 35

-790200.1 Talk to westerners & about negativity - see 790200 poor 65

810928 Shri Mataji in America, NY, day 5 [+PP video set 2/5,6,7] good 80

831001 Santa Cruz interview good 45

840313 Intro Talks - Delhi and Hampstead

890423 Archangel Shri Hanumana - Margate good 45

- end -

30 Apr 2003