

Plastic

To be avoided, wherever possible, especially in Pujas (900923); If you cannot sit on the ground, then you take a stone, or some marble, or something which is natural, on which you should try to sit. But if you sit on the plastic and do your meditation... I don't know what is going to help you... the plastic? That's why I request you always to use natural things. Natural things can absorb your problems very well (970525); I cannot understand how you can go and buy this rubbish of plastic... all these useless things (971004)

- Jai Shri Mataji -

Tape References

Date/Ref - Title - Qual - mins

900923 Navaratri Puja - Geneva, Switzerland good 75

970525 Respect the Mother Earth, Cabella good

971004.1 Nature & Balance, evening before Navaratri, Cabella good

971004.2 MUSIC - Evening Program, Cabella

- end -

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