

Pragnya

Awakened knowledge, the new awareness, Pragnya, which comes out of meditation, the sustenance of meditation. It is a kind of fruit ripening, and we start seeing around how the Nature, the Divine is sweetly playing with us. This state must be achieved by every Sahaja Yogi because unless and until, minimum of minimum, you achieve this state, you will still be in a dangerous zone, which upsets our Mother very much. So we must reach a state, where we see every day the Blessings of God manifesting - that means you have entered into the Kingdom of God. This state, all of you must achieve, all of you should achieve (830723.3)

Now how to achieve this state... First of all as Realised Souls, we should learn to keep in the centre, because ascent is in the centre, and we should try to meditate in a sustained way, and so achieve our Samadhi, in which we start feeling the joy and the bliss of God's blessings, and start saying 'Oh God, what a blessing.' Then in this state we come to realise that we are the Spirit, and in this way we develop a complete state of witnessing, with joy; Silence must be established within and without - we should not joke, or talk loudly, or move about, or have fun, when in the presence of our Mother, but should have a proper protocol - it is we who have to gain something from our Mother - we should try to settle our attention with that (830723.3)

- Jai Shri Mataji -

Tape References

Date/Ref - Title - Qual - mins

830723.3 Purnima Seminar, Assume your position, pt 3 - Lodge Hill good 65

- end -

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