

Public Programs

You must attend the programs... when you collect together... something happens to you... it is a collective phenomena - Sahaja Yoga works out, after actually there are more than seven people (770126.1); Sometimes it shocks me... when I see that in big programs... Sahaja Yogis are the last to come... all the rest of the people are there... and the Sahaja Yogis are missing (770126.1)

People ask me... 'how many times should we attend the programs'... 'how many times should we meditate'... every moment... you have to take responsibility of Sahaja Yoga now... you have to become responsible for it, in your own way... you have to do it (0.0011)

You sit down anywhere, say it's a music program, and you suddenly start giving a bandhan... it's madness, or you start raising your Kundalini... it's stupid. It should not be done that way. You have to sit with dignity, with understanding... others are watching you (871224); And there is no need to give bandhan when I am sitting there... what is it... I am giving you bandhan all the time (871224)

- Jai Shri Mataji -

Tape References

Date/Ref - Title - Qual - mins

-871224 We are here for our ascent - Poona - see 871213 good 30

-770126.1 Bordi Attention - see 770126.1 poor 40

0.0011 Weekend seminar in Pune, Tape 1 good 180