

Sahastrara Chakra - Summary

<u>Chakra:</u>	Sahastrara – 7 th & Last Chakra
<u>Deity:</u>	The Mother, The Goddess, Adi Shakti, Holy Ghost, Mahamaya
<u>Physical:</u>	Limbic Area, Brain, Fontanelle bone area, Brahmarandra
<u>Functions:</u>	Kingdom of God, Yoga
<u>Qualities:</u>	Integration, Open Hearted, Satya or Truth, Thoughtless, Cool, Nirvikalpa, Recognition, Surrender, Collectivity, Yoga or Union
<u>Catch:</u>	Denying or challenging Adi Shakti, Doubting, My/Mine feelings, Balloons of ego and superego, Crack
<u>Diseases:</u>	Ekadesha
<u>Treatments:</u>	Listen to the Mother, Obey Her, Complete Surrender, Recognition, Collectivity, Open your heart
<u>Affirmations:</u>	Mother, please give me my Self Realisation, Mother, is this the Cool Breeze of the Holy Ghost, Mother, is this the Brahma Shakti, Mother, is this the All Pervading Power of God's Love, Mother are you the Holy Ghost
<u>Mantras:</u>	Shri Moksha Dayini, Shri Adi Shakti, Mataji Shri Nirmala Devi Namoh Namaha
<u>Petals:</u>	One thousand
<u>Colour:</u>	All the 7 colours, becoming crystal clear
<u>Day:</u>	Monday
<u>Position:</u>	Crown of the Head, Centre of the Palms
<u>Country:</u>	India, Himalayas

- Jai Shri Mataji -