

# Self Esteem

What is needed for a guru is self esteem... and to achieve it we have to introspect... and to know that 'I am a Realised Soul... I have got powers of love... powers of compassion... of grasping things... of creativity... of giving Realisation to others' - nobody has these powers. But somehow in Sahaja Yoga, you are not conscious of it... and we should not be... because that can give you ego... but we should have self esteem... I am a guru... I am not an ordinary person... I am on the shores of truth... I have to salvage the people who are blind... who are mad... and in the most chaotic conditions that this world is in today. So at that time a kind of a silence will come into you (920719)

Your self esteem should be such that nothing should make you unhappy... it's all a drama going on; Let these three points settle down on your intelligence... that I am a Realised Soul... that nothing can make me unhappy... that nothing can befool me... then you'll be amazed, you'll become a very loving person, extremely considerate of others... it will all work out automatically (800517.1)

# Dignity

Live with your dignity... cheapish things, frivolous things, useless things should not be there (860504); We have to understand our own dignity, and the first thing is to understand that Sahaja Yogis are the ones that God has chosen. When you are chosen the first, you must also realise that you are the foundations - you have to be strong... and forbearing. Sahaja Yogis are the first lamps... that are going to enlighten other lamps in the world (760330); Pratishta (800102)

## Sahajvidya - Self Esteem

Sahaja Yoga should be in the centre. There is a difference between childish and childlike... you can be innocent like a child, but you're matured... and both the things make a special dignified personality of such a person. All these things come from this Right side power, when you use it properly. Unless and until you have this established, you cannot impress other people by your behaviour. Other people, new people who come to you should see this majesty... this royalty within you... which you are enjoying as a blessing from God Almighty (810511)

- Jai Shri Mataji -

### Tape References:

#### Date/Ref - Title - Qual - mins

### Self Esteem

800517.1 Old Arlesford, Winchester pt 1 (Preparation for Becoming) good 50  
920719 Guru Puja, Cabella good 65

### Dignity

-860504 2nd Sahastrara Talk, Milan - see 860504.2 not good 55  
-800102 God's Love, Patkar Hall - see 800102 Poor 50  
-760330.2 Deities on various Chakras, Delhi - see 800102  
-760330.1 Gudi Padwa, Delhi - see 760330 good 30  
760330 Gudi Padwa, Delhi/Transformation, Bordi  
800102 God's Love, Patkar Hall/Deities on various Chakras, Delhi  
810511 Lord Jesus, Forgiveness, Caxton Hall not good  
860504.1 Sahastrara Puja talk - Alpe Motta, Milan good 85  
860504.2 Second Sahastrara Talk - Milan/Delhi University address