

Self

The reflection of God Almighty (810829); The Spirit (840708); Is the one that is in your heart... which you 'Realise'... means you know your Self (790524)

Self is absolutely self satisfied... it does not need anything to satisfy itself... it is satisfaction personified... it just sees... watches... witnesses... it knows. And you don't have to tell or to express too much... it is self-expressing... if... if you are a clean person... if your desires are clean... and that you just have pure desire to ascend. So again I have to talk about Kundalini... that you must have a Kundalini completely establishing itself within you... completely expressing within you... and enlightening your Self. Such a Kundalini should be there... and only possible if you do not put hurdles in her growth - if you allow it to grow... it grows and it works out. I see sometimes when you are overjoyed, you dance and sing... that's something really very good... but all the time your Spirit should dance, at the smallest things... at a little thing that is made... say something artistic that you see... a gesture of kindness... a gesture of gratitude... you feel it - that depth of feeling (010321)

- Jai Shri Mataji -

Tape References

Date/Ref - Title - Qual - mins

790524 Seeking & Rationality good 40

840708 To Know the Truth, Ilford [with 40mins Q&A] good 40

010321 Mother's Birthday Puja, Delhi good 50