

Smoking

Smoking... is bad for the Vishuddhi. If when you feel the urge for a smoke, you just think of your heart or of Mother, then the desire for the smoke will go away (800613); You only smoke when you are bored (790507); The left Vishuddhi can be in problem, if you smoke (811005); When we smoke, or take tobacco, the left Vishuddhi catches (850901); Tobacco... was meant to be an insecticide, and was not given to us for smoking. Will eventually go out of evolution (810328)

Once somebody came to me and said... 'Mother, I can't do without smoking... I have to smoke'... I said 'Better smoke then... but you can't be a Sahaja Yogi'... 'If you are my son... you cannot smoke... it looks bad'... because a smoking Sahaja Yogi is a funny caricature, you know... he gave up smoking... can you imagine (970823.1)

- Jai Shri Mataji -

Tape References:

Date/Ref - Title - Qual - mins

-850901 Vishnumaya Puja, Wimbledon - see 850901 good 50

790507 Sahaja Yoga Introduction good 60

800613 Essence within Innocence good 40

800613.2 Seeking that which lies beyond, Stratford, London

810328 Nabhi talk, Australia [some noises + 15 mins Q&A] good 55

811005 Beauty that you are - Houston good 70

850901 Vishnumaya Puja/Brompton Sq Puja, Wimbledon/Brompton Sq

Chakras affected: Left Vishuddhi