

# Speaking

There are many people who said 'Mother we cannot speak, you know, we have stage fright' - just stand up... that's all... and then they started giving lectures... Shri Mataji had to stop them (920621)

When you are speaking... you should say it with full concentration. Where is your attention; If your attention is on something else... even if I am talking about the highest things, you'll be thinking of that something else. That is why our presence should be such, that nobody's attention is diverted, or deluded. If your presence is funny, like a joker or a clown... or untidy, everybody's attention will be disturbed. If you are completely in the 'presence', then wherever you stand, people will feel there's somebody standing, great... the respect flows... actually the respect flows... and it is something so remarkable, that you don't know... how people try to help you (800927)

When you speak, it should be auspicious... many people have a habit of speaking very inauspicious things... like we invite somebody to our house for a party... and we say something hurtful to them... or say, a dirty joke at a time when there is a wedding going on... Hell is nothing but inauspicious living (781002)

- Jai Shri Mataji -

## Tape References:

### Date/Ref - Title - Qual - mins

781002 Knots in the 3 channels, Caxton Hall poor 90

800927 Lethargy, Chelsham Road good 75

920621 Kundalini Puja, Cabella good 55