

# Strictness

A person who is frightful... who is very strict... who talks very rudely... is not a Sahaja Yogi... no way... but the one who looks out... cares... loves... and is very generous is the real Sahaja Yogi. You are people of special qualities and those qualities must be shown in your life. I have never put any restrictions on you... do what you like... whatever way you want to do it, you can do it... I have never been bothering... even about money or anything... but that is a testing ground where you are standing (010321)

There has to be lot of relaxed and a mobile temperament a person should have. If you are absolutely lethargic, lenient, dishevelled, we can say absolutely confused... you are not in the centre... and on the contrary if you are very strict, like a rock of Gibraltar... and like a big Hitler-like behaviour... you should be in time... everybody must have proper steps... must walk properly... that's not being Sahaj... that's not being Sahaj (890709)

- Jai Shri Mataji -

## Tape References

### Date/Ref - Title - Qual - mins

890709 Importance of friendship - Melun, France good 45

010321 Mother's Birthday Puja, Delhi good 50

- end -

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