

The Sun

Morning time is the time when the Sun is coming... the rays are coming - that is the special time, when the Sun throws it's real rays of Divinity (781002); The Sun... creates time, through light and day, and dark and night; Is on the right side of the subtle system (781115); The Sun Channel... the Surya Nadi, or right side sympathetic nervous system (811005), acts through the 5 elements (810928)

If there is a problem of the right side, it is better to use the Chandrama mantra (800517.2); Moonlight... is used to correct a right side problem - if there is a problem of the right side, better to sit in the Moonlight (800517.2); Right sided people should not sit in the Sun... they should sit in the Moonlight (880921); The Moon represents the Atma... the cooling capacity. You are all on the right side... so you ask for the Moon... ask for the Spirit (0.0011)

The way you expose your body to the Sun... is also very wrong... you'll develop skin cancer. You shouldn't burn your skin so much... it's not a good thing you know (790200.1); It is not proper to sit in the Sun too much. Too much of Sun is not good (830302); Avoid sitting in the Sun, so the brain does not get melted (830204)

- Jai Shri Mataji -

Tape References

Date/Ref - Title - Qual - mins

- 830302 Public Lecture, Perth - see 830301 (+Q&A: 10 mins) good 35
- 790200.1 Talk to westerners & about negativity - see 790200 poor 65
- 781115 Evolution - see 780911 good 45
- 0.0011 Weekend seminar in Pune, Tape 1 good 180
- 781002 Knots in the 3 channels, Caxton Hall poor 90
- 800517.2 Old Arlesford, Winchester, pt 2 (What is a S Yogi) good 90
- 810928 Shri Mataji in America, NY, day 5 [+PP video set 2/5,6,7] good 80
- 811005 Beauty that you are - Houston good 70
- 830204 Sahastrara, Delhi (+ Q&A: 10 mins) good 60
- 830302 False Gurus and Satgurus - Dalkeith (Q & A) good 160
- 880921 Speech at Ammonk Ashram, New York good 35

- end -

10 May 2003