

Sushumna Nadi

Central channel, along which the Kundalini rises (810928); The Channel of Ascent (MME), the evolutionary path (790200.1); Where we manifest the present (790616); The path of Mahalakshmi (871024); The central path of Sushumna, is for people who are in the 'centre'... who have their proper understanding... and have got their wisdom. These people are extremely generous... generosity is the only way you can express your love for others... all your material wealth has no meaning, unless and until you show generosity for the people... but it should be quiet and silent (830209) The innermost, central part of the Sushumna Nadi or Central Channel... is the Brahma Nadi (801027)

The Mahalakshmi Power... resides in the Sushumna channel, and acts as a balancing power, first at the Nabhi chakra (830131); It is in the Sushumna Nadi, the channel of Mahalakshmi, that the Kundalini actually rises (871024); Respectful behaviour towards others, and towards others' things, is part of the Mahalakshmi Principle. When this dignity, and respect, and desire to rise higher, manifests in a genuine inner way, then this helps to build the bridge of the Sushumna over the void, for the Kundalini to pass properly, which otherwise would continue to get lost in the void (860921.1)

Kundalini itself rises through the Sushumna Nadi... and she is the Principle, she is the Tattwa of Shiva... and she rises through the channel that is made by Vishnu, out of the evolutionary process. So I hope you understand how important it is that your centres should be corrected... your Sushumna should be cleared... because we have to go by the centre... by the central path... and let the Kundalini pass through it. When the Kundalini will pass through it... you will be amazed that... the same Kundalini is going through the Vishnu path and reaching at the Lotus Feet of Shiva (000206)

- Jai Shri Mataji -

Sahajvidya - Sushumna Nadi

Tape References

Date/Ref - Title - Qual - mins

- 871024 Light of Love, Diwali - see 871024 good 25
- 790200.1 Talk to westerners & about negativity - see 790200 poor 65
- 790616 Dr Johnson House, Birmingham not good 55
- 801027 What happens after Realisation, Caxton hall good 60
- 810928 Shri Mataji in America, NY, day 5 [+PP video set 2/5,6,7] good 80
- 830131 Nabhi Chakra, Delhi good 80
- 830209 Problems of Left, Right and Centre, Bombay good 65
- 860921.1 Mahalakshmi/Jaladevata, Mechelen, Belgium not good 45
- 871024 Light of love, Diwali/Press Interview, Milan
- 000206 Shri Shivaratri Puja, Pune, India good 15