

Swadisthan Summary

<u>Chakra:</u>	Swadisthan
<u>Deity/Aspect:</u>	Saraswati Brahmadeva(R) Nirmala Vidya(L)
<u>Physical Level:</u>	Aortic plexus
<u>Functions:</u>	Metabolism of fats for use of the brain. Control of Liver, Pancreas, Spleen, Kidneys, Uterus, Ovaries, and part of the Intestines
<u>Qualities:</u>	Pure Knowledge of Divine Technique(L) Creativity, Art, Music, Poetry, Aesthetics(R)
<u>Cause/Catch:</u>	False gurus, Possession(L) Too much thinking, planning or physical work. Overuse of artistic talent(R)
<u>Diseases:</u>	Blood Cancer(spleen), Diabetes(pancreas) Cirrhosis of the liver, High Blood Pressure (kidneys). Allergies(liver), nervous problems, possession, lunacy, psychosomatic problems, madness, epilepsy, palpitations, insomnia, vomiting, giddiness, irrelevant talking etc.
<u>Treatments:</u>	Use candle/flame(L) Lemons/Limes(L) Mother Earth(L & R) and the water element(R) Water/Ice(R) Footsoak, Salt(L) Shoebeat(L & R) Witness. Use hands, bandhans, flowers & Photo.
<u>Affirmations:</u>	Mother, please give me the Pure Knowledge(L)
<u>Mantras:</u>	Deity name, Nirmala Vidya or Shuddha Vidya(L), Sarva Asatya Guru Mardini, Sarva Asura Mardini, Narakasura Mardini, Mahishasura Mardini etc
<u>Petals:</u>	Six
<u>Position:</u>	Thumbs. Back of head around Mooladhara

- Jai Shri Mataji -