

# Trigunas

In India, medicine is based on the Trigunas, the three types of people, with the three types of problems: the Tamo, Rajo and Satwo Gunis, being of the left, right and centre respectively. Each is treated accordingly, in order to bring them back to a balanced state (840906)

- Jai Shri Mataji -

## Tape References

### Date/Ref - Title - Qual - mins

840906 Talk at Gregoire's House - Vienna [German translation] good 65

- end -

13 Jun 2003