

The Void

Also called the Bhavasagara, or the Ocean of Illusion. The area defined by the Swadisthan, around the Nabhi, but not connected to any chakra; It is of the water element, and in the water is the salt, the salt being the dharma within us; The void is the ocean within us; The essence of the Bhavasagara or Void is Swaha. The area around the Nabhi, enlightened by the ten principles of mastery, the ten great Primordial Masters, who have been born again and again on this earth. The 10 Incarnations of the Adi Guru... of Dattatreya... Moses, Mohammed, Abraham, Guru Nanak, Raja Janaka, Socrates, Confucius, Lao Tzu, Shirdi Sai Nath, and Zarathustra, whose purpose was to teach balance, so that we can ascend; All the Gurus, all the Prophets are in the Void, are in the stomach, and which catches, when we have had the wrong type of a guru; In which there is no rationality, only the hunger, the seeking.

There are ten dharmas... 10 Valencies, Sustainances, Sutras, or Principles, of human beings, whose purpose is to establish balance, or dharma... the Ten Commandments, in the Void area within us, looked after by the ten Primordial Masters. Dharma gives you the balance, the establishment into proper behaviour, into proper understanding, into proper living, but it doesn't give you the completion of your journey; It is our 'attitude towards others', other people, their things, their wives, daughters etc. This is all 'related to others'... is dharma... is completely without rationality, is simply to be accepted; In the West, we observe five of these dharmas, and in India are observed the other five - so we each are lacking some.

Whatever your virtues are, enjoy those virtues. Virtues are your ornaments, and are not like a noose around your neck. Those who enjoy their virtues are great men, and don't feel unhappy, but are proud of their virtues. If you are complaining about your virtues, better to give them up; Virtue... can give you health, wealth and prosperity... which is glorified... and not which is degrading.

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For Guru Pada... you have to have, in Sahaja Yoga, complete humility... natural humility... natural balance... this is what Christ has taught us; Is a state, not a status... is a state that is achieved. Now how do we achieve that. Firstly... in meditation you can become thoughtless... for a short time. Gradually this increases, that we are without thought... for that we have the Nirvichara mantra. Then you start seeing that... witnessing... without thinking. This first state is very important... the witness state, the Sakshi. As you become the witness, your gravity starts expressing itself... the whole thing will become extremely dignified and majestic... it will just manifest by itself... and you get a magnetic personality. With our gravity, what we do is touch that depth within us... which can carry the Divine Power... the most substantial thing in your lives is this Divine Power. You never feel the weight of this Divine Power... but if your channel is not clean, then this Divine Power cannot flow properly... it cannot manifest.

So what is needed for a guru is self esteem... and to achieve this we have to introspect... and know that... I am a Realised Soul... I have powers. So at that time, a kind of silence will come within you... and this silence will make you really powerful. When you are in that silence... you are in the silence of the Cosmos... and this silence of the Cosmos works for you... so if you become silent within yourself, then know that you are sitting in the Kingdom of God. This silence is the sign that you are definitely... definitely you are in contact with the Divine... the complete totality of Reality... this All Pervading Power. It is at your disposal - wherever you go the connection is maintained... it is at your disposal. And a guru... is... so detached. And he's in complete balance - nothing can disturb him... nothing can dominate him... no more he is afraid... a fearlessness comes into him... and nothing can tempt him.

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Don't try to judge yourself... but gradually rise, and appreciate yourself... and settle down on the position you have achieved. So then, assume your powers... when you start assuming, all baddhas will run away... and you will be surprised. The knowledge is so subtle, and so great... but with all this knowledge you bend down, like the tree, which is laden with fruit, bends down. This simplicity and humility gives you that special edge which can pierce into any heart... but believe... that you are one with that great power... which is God Almighty.

Then praise the Lord... because God is fond of praise... if you praise the Lord, then he gives you everything... it's true. You cannot get to Mother, unless and until you are really bhakti from your heart... but if you have bhakti, then you can get to Mother... it is written... Bhakti Ganya. So your faith has to be absolutely untarnishable. So when this faith in God is absolutely established within you, that there is God Almighty... that he's Almighty... and that 'I am the messenger of that God'... just this understanding, when it becomes absolutely formed in you, then you are in Guru Pada. But we have to remember one thing... that we must have complete faith in the Kingdom of God... and in the powers of God Almighty... complete faith.

Our Guru is our Mother, the Supreme Guru... the Adi Shakti is the Source of all the Gurus; You are facing someone who has all the Powers... you know that; It is said that the guru is Paramchaitanya, but it is the Paramchaitanya itself who is your guru; You have to respect your Guru... surrender to your Guru.

The 'Guru' means the thing which is higher or stronger than the gravity of the Mother Earth. We have to rise above the gravitational force of materialism, which is today's religion everywhere, whatever they may call it.

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The Guru has gravity, weight of character, dignity, is caring of others, and avoids anger, temper, cheap behaviour; The job of a guru is to give balance to others... if you have the Guru Principle within you, you get into balance automatically; You have to be your own Guru... means that you have to be strict with 'yourself'; A Guru has to be creative, creating new Sahaja Yogis out of ordinary people; A guru has to be higher than others, humbler, kinder, sweeter, loving, compassionate, joyous, cheerful - it should be evident on your face.

The word 'guru' comes from 'the one which is magnetic', 'the person who is magnetic'... the one which attracts the attention of the seekers, is the guru. Also it means... a person who is very steady, or who is very deep, who has the knowledge, and can act like a Mother Earth. This gravity has to be in a guru... it means a kind of serious understanding of oneself and one's own responsibilities... so a guru has to be very steady.

The Guru is the best, the highest that God has created; A good Guru is that person who attracts you towards himself, but who is also above the gravity of the Mother Earth, beyond these bodily attractions or other attractions of a gross nature, which enslave you and cannot give you freedom. Once you rise above the gravitational force of materialism, then you could be called as the Guru. A Guru 'shines' before the disciples. When you have something dirty, it doesn't shine... you have to wash it, clean it and rub it nicely so that it shines; The Guru has to suffer the most - that's how he can command. He has to be the example of austerity, of detachment... that's how he is going to get the respect.

- Jai Shri Mataji -