

Water

Water is used to cool and clear the right side subtle system (830121); If we stand in the sea, and ask that all our problems be taken away, then the whole thing will be sucked away (800609); Water can feel the Divinity... it gets excited, and starts pouring out it's love in a bubbly manner (861225)

Then... water... Pani... what is the subtle of water is... I mean... which makes the skin... the hard skin, soft... the skin becomes soft... this is another sign of a Realised Soul. But then a person, who is a Realised Soul becomes very soft, very delicate... when he talks to somebody, in his voice there is warmth... or I should say... in your dealings with others... you should be like the water... which is mobile... which is cooling... soothing... cleansing. So this also becomes a part and parcel of your being, once you become a Realised Soul. Also the water which you touch... which you drink... in which you put your hand... that water becomes vibrated... means the subtlety of the water comes in it... the coolness... the curing power also comes in that water (981216)

In India, don't drink any water anywhere, unless and until you are sure about it. You should take it from the proper places... if you are thirsty, you can take aerated water (881207); Too much tea, also... is very dangerous, it's not good for you... so limit your tea taking. Because of this tea, your stomach goes out of order... you cannot sleep... it's a wrong thing. So reduce your intake of tea... water should be increased... more of water, less of tea (881221)

You must always use water, as much as possible... for washing, when you go for your morning ablutions... water must be used... paper is a very dirty and unhygienic habit... but even if you use paper, you must use water after it... it's very important that all the time, the water should be used as much as possible... for Sahaja Yogis it is a very very important thing (860504); Use water as much as you can... wash your hands 10 times... is very essential... to get your vibrations alright you must wash your hands (800927)

Sahajvidya - Water

Tape References:

Date/Ref - Title - Qual - mins

- 881221 Hygiene - Sangli - see 881217 good 45
- 881207 Mooladhara - Aurangabad - see 881207 good 30
- 861225 Pawana Dam - see 861221 good 10
- 860504 2nd Sahastrara Talk, Milan - see 860504.2 not good 55
- 830121 How to proceed - Vaitarna - see 830104.1 - side B good 35
- 800609 Subtlety Within - Caxton Hall good 50
- 800927 Lethargy, Chelsham Road good 75
- 860504.1 Sahastrara Puja talk, Alpe Motta, Milan good 85
- 860504.2 2nd Sahastrara Talk, Milan/Delhi University address
- 881207 Why do we come to India-Dec 88/1 - India
- 981216 India Tour '98 - tape 1 - The Elements Not good 20
- 981216 The Subtle Elements

- Jai Shri Mataji -