

QUALITIES found on the Chakras and Nadis

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((...The Ocean... of Divine Forgiveness...))
 (((... of Compassion ...)))
 (((... and Love ...)))

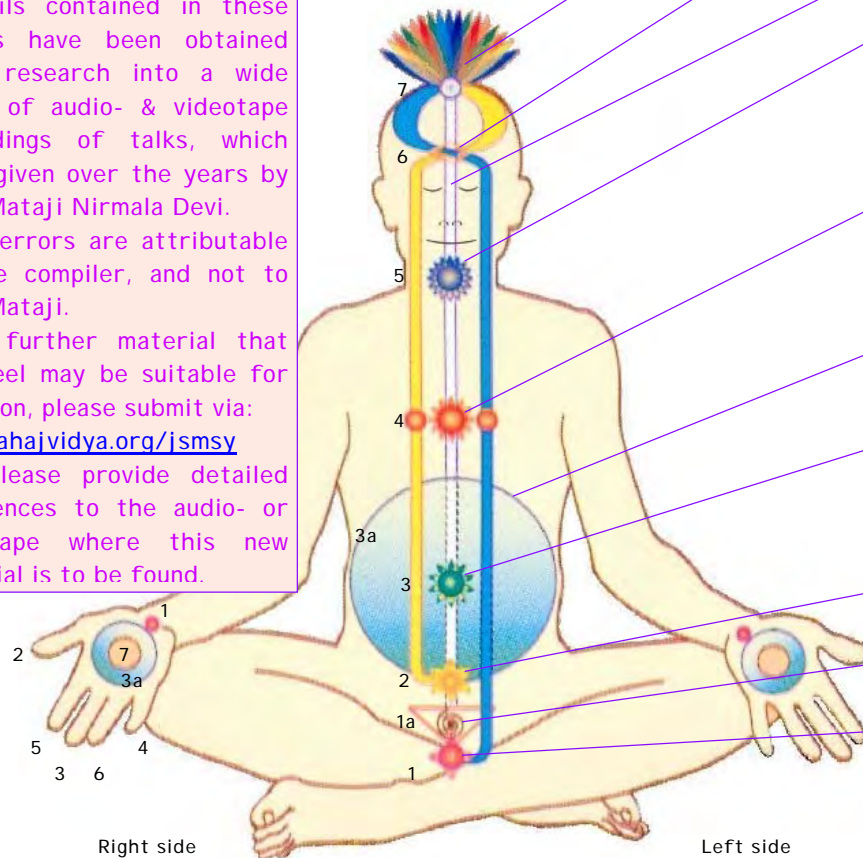
Details contained in these sheets have been obtained from research into a wide range of audio- & videotape recordings of talks, which were given over the years by Shri Mataji Nirmala Devi.

Any errors are attributable to the compiler, and not to Shri Mataji.

Any further material that you feel may be suitable for inclusion, please submit via:

www.sahajvidya.org/jsmsy

But please provide detailed references to the audio- or videotape where this new material is to be found.



Sahastrara	<ul style="list-style-type: none"> Self-Realisation - Meditation - Yoga - Joy - Cool Breeze - Collectivity - Truth Collective Consciousness - Detachment - Kingdom of God - Silence - Reality Integration - Large Heartedness - Recognition - Surrender - Knowledge
Agnya	<ul style="list-style-type: none"> Thoughtless Awareness - Forgiveness of self and others - Morality Conditionings/Superego(L) - Achievements/Ambition/Ego(R)
Hamsa	<ul style="list-style-type: none"> Discretion - Discrimination - Balance
Vishuddhi	<ul style="list-style-type: none"> Collectivity(C) - Collective communication(C) - Sweetness of speech(R) - Smile Self Respect/Self Confidence(L) - Responsibility(C) - Diplomacy - Facial Glow Discretion - Witness Power(C) - Democracy - Cooling Power - Chastity(L) Vibrational sensitivity - Protocol/Awe for God(L) - Announcement(L) - Freedom Purity of Relationships(L) - Morality(L) - Noble Ideas - Power of mantras(L)
Heart	<ul style="list-style-type: none"> Security(C) - Confidence - Immunity(C) - Mariadas(R) - Own mother(L) Motherhood(L) - Love(L) - Joy(L) - Benevolence(R) - Caring(R) - Kindness(R) Father/Husband/Brother relationships(R) - Sankoch(R) - Mildness/Sweetness(R) Heart felt(L) - Sincerity(L) - Heart put into activity(R) - Inspiration(L)
Void	<ul style="list-style-type: none"> Hunger/Seeking - Balance - Guru Tattwa - Ten Commandments Dharma/Virtue - Righteous behaviour - Morality - Gravity - Dignity Detachment - Care for others & for others' things
Nabhi	<ul style="list-style-type: none"> Centre of our seeking - Sense of 'well-being' - Satisfaction - Grace Balance - Dignity(R) - Mastery(L) - Generosity - Justice(L) - Peace(L) Majesty(R) - Money(R) - Wealth(R) - Wife(L) - Family(L) - Household(L) Support, Protect and Respect for 'others'
Swadisthan	<ul style="list-style-type: none"> Pure Knowledge(L) - Creativity(R) - Artistic talents(R) - Aesthetics(R) Intellectual Perception(R) - Pure Attention(R)
Kundalini	<ul style="list-style-type: none"> Residual Power of Pure Desire - Our own individual Holy Mother Reflection of the Holy Ghost
Mooladhara	<ul style="list-style-type: none"> Innocence - Purity - Wisdom - Auspiciousness - Magnetism - 'Sahaj' Spontaneity - Holiness - Dedication to the Mother - 'Childlike' - Memory Playful - Humility - Power to raise the Kundalini - Sense of Direction
Left Side	<ul style="list-style-type: none"> Ida Nadi or Moon Channel - Desire power - Existence - Past Emotions - Sub-conscious - Conditionings - Habits - Superego
Central Channel	<ul style="list-style-type: none"> Sushumna Nadi - Sustaining & Nourishing principle - Balance - Present Path of Evolution and Ascent, and of Kundalini
Right Side	<ul style="list-style-type: none"> Pingala Nadi or Sun Channel - Action power - Creativity - Future Physical and Mental activity - Planning - Supra-conscious - Ego

(L) = Left ; (C) = Centre ; (R) = Right